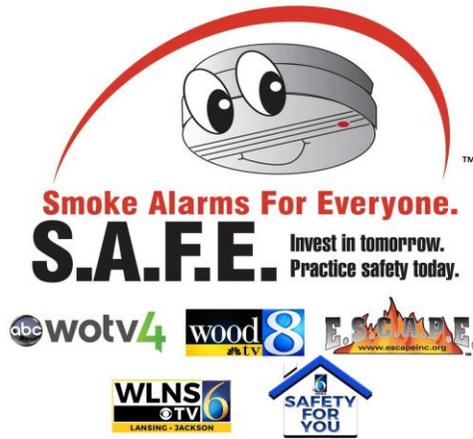


“Spring into Safety” – March, 2021

Emergencies happen when we least expect them. Here are some tips to keep you and your family safe this Spring and all throughout the year!

Week 1: Severe Weather Awareness Week – (March 1 – 6)

- **03/01 – Preparedness** – Preparing for an event starts now! Ask yourself what YOU would do in case of severe weather. Do you have multiple ways to receive alerts? Do you have adequate shelter and supplies? [More information...](#)
- **03/02 – Tornado Safety** – Tornadoes pack some of the fastest winds on Earth and are deadly to anyone caught in their path. An average of 16 tornadoes occur in Michigan each year. The peak season for tornadoes is April through July. [More information...](#)
- **03/03 – Lightning Safety** – Every lightning strike can be deadly. Lightning strikes the U.S. 25 MILLION times and kills 47 people on average each year. Many of these deaths occur outdoors and are preventable. **When Thunder Roars, Go Indoors!** [More information...](#)
- **03/04 – Hail/Wind Safety** – Damaging winds and large hail are two other weapons in a storm’s arsenal. Hail can exceed softball size and straight-line winds can down trees and destroy property. They often garner less respect than tornadoes, but are just as deadly. [More information...](#)
- **03/05 – Flood Safety** – Floods kill more people in the United States each year than any other thunderstorm-related hazard. Many flood deaths are the result of people driving into flooded roads. **Turn Around, Don’t Drown!** [More information...](#)
- **03/06** – Use battery operated candles or flashlights during a power outage.

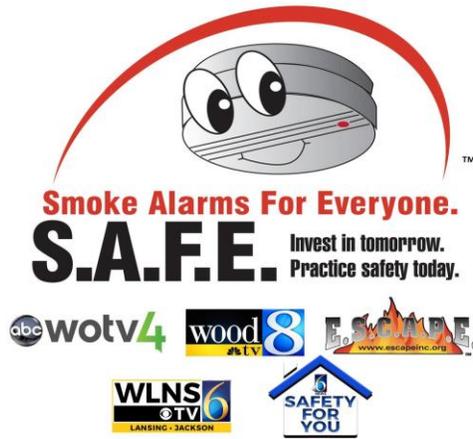


Week 2: Getting To Know Your Fire Department – (March 7 – 13)

- **03/07** – Firefighters are our friends.
- **03/08** – Firefighters read to students in the classroom. **March is National Reading Month and is the month of Dr. Seuss’ birthday.** Dr. Seuss was born on March 2, 1904 in Springfield, Massachusetts.
- **03/09** – Firefighters don’t just fight fires. They also respond to medical emergencies such as a heart attack, stroke or allergic reaction.
- **03/10** – Firefighters teach CPR and First Aid to the community.
- **03/11** – Firefighters teach fire and life safety classes in the schools and throughout the community.
- **03/12** – Firefighters keep our homes safe. Many departments conduct home safety visits and will install free smoke alarms and carbon monoxide alarms and identify hazards in your home.

Week 3: Practice Fire Safety Every Day – (March 14-20) - [More information...](#)

- **03/14** – **Daylight Saving Time** - Move your clocks ahead one hour before going to bed Saturday night. Check the batteries in your smoke alarms, carbon monoxide alarms, flashlights and severe weather radios. Know someone who needs new alarms? Give the gift of safety: smoke alarms, carbon monoxide alarms and escape ladders make great gifts.
- **03/15** – A smoke alarm will let you know if there is a fire in your home. A carbon monoxide alarm will let you know if high levels of the invisible gas are in your home. Push the test button at least once a month to make sure the smoke alarm and carbon monoxide alarm is working.
- **03/16** – Families should practice their home fire escape drill at least twice a year. It is important to know the home fire escape plan in each home where you sleep. It could be the home of a family member or a friend’s house, but you should know the two ways out of each room and the outside meeting place in case there is a fire while you are visiting. A good meeting place might be a neighbor’s home, a special tree, a neighborhood store next door, or a street light.
- **03/17** – **St. Patrick’s Day** – Pets are curious. Keep pets away from candles, lamps and space heaters.



- **03/18** – Stay in the kitchen when frying, boiling, grilling or broiling food. **Stand By Your Pan!**
- **03/19** – Cool a burn for 3 to 5 minutes with water.
- **03/20** – Know at least two ways out of every room. It may be two doors or a door and a window. Make sure all doors and windows that lead outside open. When you leave, close the door behind you to help contain the fire. A closed door may slow the spread of smoke, heat, and fire. Sleep with your bedroom door closed.

Week 4: National Inhalants and Poison Prevention Week – (March 21-27)

- **PREPARE. PREVENT. PROTECT.**
- **03/22** – **Lock up cleaning products** - If you have children, it's imperative that medicine and cleaning products are either in locked cabinets or stored in places out of reach of children, like on a high shelf. Cabinet locks can be purchased relatively inexpensively at a variety of retailers, from department stores to toy stores.
- **03/23** – Safely dispose of unused, unneeded or expired medications and vitamins. Check with your county hazardous waste disposal site or pharmacy for more information.
- **03/24** – Don't use syrup of ipecac for routine poison treatment. If the poison was caustic during ingestion, it may burn and cause further injury when vomiting occurs. Also, only 30-50% of poison is expelled through vomiting leaving 50-70% remaining in the stomach. Place the victim on their left side (the recovery position) and call poison control for further instructions.
- **03/25** – Follow label directions carefully and read all warnings when giving medication.
- **03/26** – Place the nationwide poison control center number **1-800-222-1222** near every phone.