



## AGENDA

### Thursday, June 8

*Recommended attire throughout: Business casual (khakis, polo/oxford shirts)*

<b>5:30–7:00pm</b>	<b>Event Check-In</b> Pick up your name badge and welcome packet! Light refreshments provided.	<b>Atlantic E</b>
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### Friday, June 9

<b>7:00–8:00am</b>	<b>Event Check-In</b> Pick up your name badge and welcome packet!	<b>Atlantic E</b>
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<b>7:30-8:00am</b>	<b>Continental Breakfast</b> <i>Light, grab-and-go breakfast to start your day.</i>	<b>Atlantic CD</b>
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<b>8:00-8:30am</b>	<b>OPENING SESSION</b>  <i>Chief Jeff Cash, NVFC Executive Committee and Health, Safety, and Training Committee, with special welcome from NVFC Chairman Kevin D. Quinn and Horry County (SC) Fire Rescue Chief Joseph Tanner</i> Find out more about the NVFC and get important information for your attendance at the Summit.	<b>Atlantic AB</b>
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<b>8:30–8:35am</b>	<b>Break</b>	
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<b>8:35–10:35am</b>	<b>BREAKOUT SESSIONS I</b>	
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<b>Preventing Firefighter Line of Duty Deaths &amp; Injuries at Roadway Incidents</b>	<b>Carolina AB</b>
<i>Jack Sullivan, Director of Training for the Emergency Responder Safety Institute</i>	
Distracted, drowsy, drunk, drugged, and disgruntled drivers are striking firefighters and emergency vehicles at roadway incidents with increasing frequency. This class provides guidelines for safe roadway incident scene response and management, reveals the most recent innovative ideas for highway incident safety, and covers all of the essential steps and action each and every fire department should be taking to protect their most valuable asset - firefighters & EMTs.	

## **Changing the Safety Culture Begins at the Kitchen Table**

**Carolina CD**

*David Lewis, Emergency Services Educator and Consultant; NVFC Health, Safety, and Training Committee*

The kitchen table is the place in the fire station where meals and stories are shared; it is also where most company planning and training is initiated. This presentation is based on the NVFC's textbook *The Fire Service Culture: Yesterday, Today, and Tomorrow*, and will provide an overview of the National Fallen Firefighters Foundation Firefighter Life Safety Initiatives. The course focuses on how each individual is responsible to help change the culture towards safety in order to reduce line of duty injuries and deaths.

**10:35–10:45am**

### **Break**

*Light refreshments provided*

**10:45am–12:45pm**

### **BREAKOUT SESSIONS II**

## **Losing One of Our Own! Are You Prepared?**

**Carolina AB**

*Chief Michael W. Robinson MA, CFO, MIFireE, NRP; Assistant Chief, Arcadia (MD) Volunteer Fire Department; Division Chief (ret) Baltimore County Fire Department; Reisterstown (MD) Volunteer Fire Company*

Whether a department is large or small, career or volunteer – line-of-duty deaths (LODD) can be an overwhelming experience due to the extreme emotional impact as well as the many protocols and legal issues that must be addressed. This presentation will provide a case study of two recent LODD experiences in a combination department and will show the value of planning, organization, operational considerations, and logistics, and how daily mutual aid systems can be applied to this significant situation. This program will enable attendees to anticipate and prepare for LODDs.

## **Cancer in the Fire Service – Developing a Game Plan to Beat It**

**Carolina CD**

*Chief Brian F. McQueen, NVFC Cancer Task Force Co-Chair; Whitesboro (NY) Volunteer Fire Department*

You have cancer! As a firefighter, these three words can change your life forever. Firefighter cancer is at the forefront for fire service personnel across the country as the most unrecognized threat to the health and wellness of the fire service. We are just beginning to understand the extent of the cancer issue and the challenges we face both on the fireground and through legislation. This program will focus on how firefighters, company officers, and elected officials can meet the challenges of this disease through education, training, operations, medical screenings, and personal accountability to effectively address the cancer issue facing all of us today.

**12:45–1:45pm**

### **Lunch**

**Atlantic CD**

*Network over a lunch hosted by the NVFC.*

**1:45-2:00pm**

Transition back to classrooms

**The Professional Volunteer Fire Department**

Carolina AB

*Thomas Merrill, Fire Commissioner-Past Fire Chief, Snyder (NY) Fire Department*

Being a professional firefighter has nothing to do with earning a paycheck but has everything to do with attitude, appearance, commitment, and dedication. It includes how members approach the job, how they prepare and train, how they take care of their equipment, how they treat the public and their own members, and how they behave and interact with the public both on and off duty. This presentation stresses the importance of embracing the responsibility that comes by wearing the title of firefighter. In addition to defining and citing examples of professional behavior, students will be provided with building blocks to assist with developing and maintaining a professional operation in their home department.

**Fit for Duty, Fit for Life: Critical Considerations**

Carolina BC

*Chief Kevin D. Quinn, NVFC Chairman*

*Charles F. Turner, President, North Greenville Fitness and Cardiac Rehabilitation Clinic*

*Dominica D'Avella, Health and Wellness Coordinator, Massachusetts Call/Volunteer Firefighters Association and New England Volunteer Fire and EMS Coalition*

Cardiac events are the number one cause of line-of-duty deaths in the fire service, but no responder expects to be personally affected – particularly those who work at taking care of themselves. The reality is that without appropriate medical screening, it is impossible to accurately assess and address cardiac risks. A firefighter-specific assessment saved Chief Kevin D. Quinn's life; he will share his story and key lessons learned. Charles F. Turner will discuss how to implement a screening program in your department, including knowing what an assessment should include, how to evaluate a potential provider, and understanding the implications of the choices made are essential to navigating this life-saving process. Finally, Dominica D'Avella will outline how to parlay the information firefighters obtain from their medical assessments into fitness efforts that increase firefighter resilience and decrease risk.

**Networking Social**

Palmetto

Relax and mingle with your peers at a casual oceanfront social. RSVP required on registration form. See ticket in registration packet for more information!

Lawn

*Sponsored by American Military University, California Casualty, Columbia Southern University, National Fire Protection Association, The Pennsylvania Fireman, and Trident University*

Saturday, June 10

8:00-10:00am

**BREAKOUT SESSIONS V**

**Breaking Barriers: Busting Through Recruitment & Retention Challenges**

**Carolina AB**

*Dr. Candice McDonald, Firefighter/Public Information Officer, Sebring (OH) Fire Department, with special guests Chief Dan Krushinski and Captain Ryan Daughton, East Franklin (NJ) Fire Department*

The volunteer fire service is experiencing the biggest challenge to date with volunteer firefighter recruitment and retention. With today's era of competing demands for the volunteer/potential volunteer firefighter, the question becomes, "What strategies are volunteer fire departments using to successfully recruit and retain volunteer firefighters?" This workshop is based on a three-year doctoral study and will offer participants proven strategies to reduce turnover and increase recruitment among all generation of volunteers. These strategies are not based on costly recruitment campaigns and incentives, but offer practical professional applications that can be easily deployed.

**10 Biggest Mistakes Firefighters Make with their Fitness (and How to Overcome Them)**

**Carolina CD**

*Jim Moss, Lieutenant/Training Officer, Metro West (MO) Fire Protection District; Certified personal trainer and co-author, Firefighter Functional Fitness*

In this interactive session, attendees will be introduced to the 10 biggest mistakes firefighters make with their fitness, and learn how to overcome them through the 4 Pillars of Firefighter Functional Fitness: Physical Fitness, Recovery, Hydration, and Nutrition. Attendees will learn what Firefighter Functional Fitness is and how to use it to reduce cardiovascular risks while simultaneously optimizing fireground performance. Attendees will also learn why Firefighter Functional Fitness is the solution to enjoying a healthier career and retirement. As a bonus, attendees will learn the fundamentals of starting a comprehensive and functional fitness program at their fire department.

10:00-10:15am

**Break**

*Light refreshments provided*

10:15am-12:15pm

**BREAKOUT SESSIONS VI**

**Taboos In The Fire Service: The Things We Don't Want To Talk About**

**Carolina AB**

*Dan Maffia, Captain, City of Fayetteville (NC) Fire Department*

We like to claim over 200 years of fire service tradition unimpeded by progress - but that's not really the case. In the last 200 years, we've seen dramatic changes and progress. But there are many things that we're afraid to talk about, including women in the firehouse, pranks and hazing, PTSD, suicide, cancer & mortality, political correctness, relationships between coworkers, substance / alcohol abuse, homosexuals in the fire service, the 'why' generation of firefighters, clinging to dangerous traditions, race, resistance to change and technology...the list goes on and on. This interactive session will talk about the things people are afraid to talk about, and will send you out thinking. Check your feelings at the door, come with an open mind, and be ready to talk about the uncomfortable things.

**From the Xbox to the Box Alarm: Engaging Today’s Firefighters**

**Carolina CD**

*Tiger Schmittendorf, Chief Recruiter, FireRECRUITER.com; Deputy Fire Coordinator, Erie County (NY) Emergency Services*

This presentation identifies and explores the learning and communications habits of today’s prospective recruits. This facilitated conversation builds consensus that, “The majority of the fires we fight are in the firehouse, not on the fire scene.” Together we’ll learn to combat these challenges with solutions that are within our reach, focusing not on generational gaps – but more importantly, the opportunity for creating connections between generations of firefighters.

**12:15-1:15pm**

**Lunch**

**Atlantic CD**

*Network over a lunch hosted by the NVFC.*

**1:15-3:15pm**

**BREAKOUT SESSIONS VI**

**Teaching Your Thoroughbred to Run**

**Carolina AB**

*David Bullard, Lieutenant, EMT-I/Field Training Coordinator, Columbia County (GA) Fire Rescue; NVFC Director (GA)*

As leaders, we must understand how to give power away and to rein it in, within boundaries. Leaders who mentor those under them can relate this to the way that a race horse is trained. We hire employees and recruit volunteers who are essentially thoroughbreds - strong, energetic, and have an enthusiasm for “running.” You wouldn’t be afraid to let a race horse run; yet, as leaders we sometimes don’t recognize the fact that our ‘thoroughbreds’ need to run, too. At the same time, an untrained horse or untrained firefighter would be dangerous. Your thoroughbreds are the future of your organization; to excel and grow they must be allowed to run, but taught to run in the correct manner.

**The Batboy, the Firefighter, and the Brotherhood: Lessons in First Responder Stress Learned from a Boy Named Kaiser Carlile**

**Carolina CD**

*Mark Goldfeder, Managing Partner/President/Instructor, Five Bugles Institute LLC*

Firefighting is repeatedly recognized as one of the most stressful occupations in existence. Multiple studies have documented the physical, emotional, and psychological effects of being a firefighter, yet the negative effects of stress (including rates of suicide) are continuing to escalate at an alarming rate. This course will help students recognize the signs and symptoms of stress and PTSD; provide tips, techniques, and resources available to help combat the effects of stress; and learn how to get help for others suffering from PTSD.

**3:15-4:00pm**

**CLOSING SESSION**

**Atlantic AB**

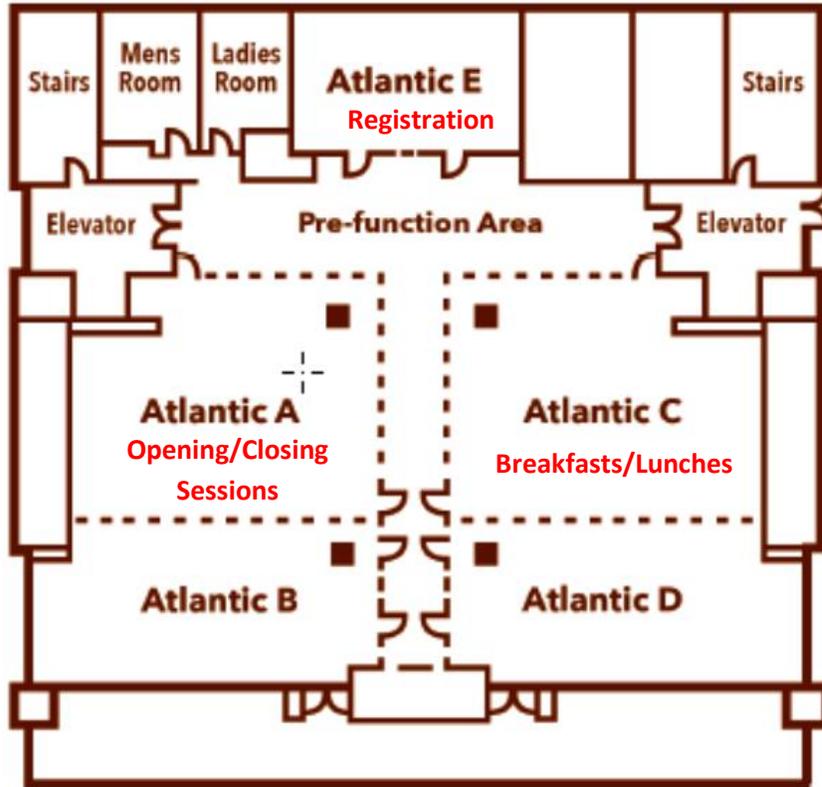
**Closing Session**

*Chief Jeff Cash, NVFC Executive Committee and Health, Safety, & Training Committee*

Join our closing session for a wrap-up of lessons learned, to submit a program evaluation, and to receive your certificate.

# FLOORPLAN

## First Floor



## Second Floor

